

Bhutan — Land of the Thunder Dragon

7-day journey through the Last Shangri-La — fortresses, prayer flags and the iconic Tiger's Nest hike.

Duration	7 Days · 6 Nights
Country	Bhutan
Locations	Paro, Thimphu, Punakha
From (USD)	\$1990 per person
Difficulty	Moderate
Max group	10

Overview

Bhutan: the Himalayan kingdom that measures Gross National Happiness. Visit Paro, Thimphu and Punakha — explore ancient dzongs (fortress-monasteries), hike to the cliff-perched Tiger's Nest, and experience a culture deeply preserved against modernity.

Highlights

- Tiger's Nest (Taktsang) cliff monastery hike (4-5 hrs RT, moderate)
- Punakha Dzong — Bhutan's most beautiful fortress at river confluence
- Thimphu Memorial Chorten + Buddha Dordenma statue
- Traditional hot-stone bath
- Archery — Bhutan's national sport

Day-by-Day Itinerary

Day 1 — Arrive Paro → Thimphu

Druk Air flight to Paro (one of the world's most scenic landings). Drive to Thimphu, the capital.

Stay: Taj Tashi Thimphu / Six Senses | **Meals:** Welcome Bhutanese dinner | **Transfer:** Airport pickup |

Distance: Paro → Thimphu · 55 km · 1.5 hrs

Day 2 — Thimphu sightseeing

Memorial Chorten, Buddha Dordenma (51 m bronze Buddha), National Library, Folk Heritage Museum, Traditional Arts School. Evening archery demonstration.

Stay: Taj Tashi / Six Senses | **Meals:** Breakfast, dinner | **Transfer:** AC vehicle | **Distance:** City

Day 3 — Thimphu → Punakha via Dochula Pass

Drive over Dochula (108 chortens, Himalayan panorama on clear days). Punakha Dzong at river confluence.

Stay: COMO Uma Punakha / Six Senses | **Meals:** Breakfast, dinner | **Transfer:** AC vehicle |

Distance: Thimphu → Punakha · 75 km · 3 hrs (mountain road)

Day 4 — Punakha — temples & valley walk

Chimi Lhakhang (fertility temple), Khamsum Yulley Namgyal Chorten, easy 1.5 hr Mo Chu river walk.

Stay: COMO / Six Senses | **Meals:** Breakfast, dinner | **Transfer:** Walking + sedan | **Distance:** Local

Day 5 — Punakha → Paro

Drive back via Dochula. Evening Paro Dzong + watchtower museum.

Stay: Zhiwa Ling Heritage / Como Uma Paro | **Meals:** Breakfast, dinner | **Transfer:** AC vehicle |

Distance: Punakha → Paro · 125 km · 4 hrs

Day 6 — Tiger's Nest hike

The hike of a lifetime: 4-5 hours round-trip to Taktsang monastery clinging to a 900 m cliff. Optional horse for ascent. Evening hot-stone bath.

Stay: Zhiwa Ling / Como Uma | **Meals:** Breakfast, lunch at cafe halfway up, traditional dinner |

Transfer: Hike | **Distance:** Trek 7 km RT · 600 m gain

Day 7 — Paro → Departure

Druk Air flight out.

Stay: — | **Meals:** Breakfast | **Transfer:** Airport drop | **Distance:** —

Inclusions

- ✓ 5★ Bhutan hotels (Six Senses / Taj / COMO Uma)
- ✓ Bhutan tourism mandatory daily fee (USD 200/day per person SDF)
- ✓ All meals daily
- ✓ Private AC SUV (mandatory on Bhutan roads)
- ✓ Bhutanese guide
- ✓ All monument entries + dzong access
- ✓ Hot-stone bath experience

Exclusions

- ✗ Druk Air flights (USD 300-500 from India)
- ✗ Visa (issued by tour operator, USD 40)
- ✗ Tips
- ✗ Alcohol